



2nd and 3rd Grade Basketball League Rules

1. This youth basketball league will emphasize skill development, sportsmanship, team play, and friendly competition. It is very important that each individual athlete participating must play a minimum of two quarters per game. Exception: Players are subject to less playing time if exhibiting conduct that is unfair to their team.

Any player fighting will be removed from the team and all fees forfeited.

2. Coaches are voluntary for this league. Please respect the fact they are volunteering their time to coach your child. If you have questions about the game or playing time please contact them via email to schedule a meeting. Confronting coaches after games or practice will not be tolerated. Questions on this policy should be directed to Athletic Coordinator, Lesley Sheffield, lesley@oregonpark.org or 815-732-3101.

3. Teams will be split through an evaluation process and draft to make them as evenly as possible. Coaches will be involved in the evaluating process and drafting their team.

4. First team listed on the schedule is the home team.

5. There will be 4 (four) 8 minute quarters with a running clock. During the last minute of each quarter, the clock will stop each time the official's whistle is blown. Three minutes between halves, and 1 min between the quarters.

6. Baskets will be nine feet in height and 27.5 size basketballs will be used. The free throw line will be placed at 12 feet.

7. *All teams will play a man to man defense. No double team.*

8. A jump ball will be used to start the game with the alternate possession rule used at the beginning of each quarter as well as for tie-ups called by an official.

9. Each team is allowed a one-minute time out per quarter. These time outs may not accumulate or be saved for the final quarter of the game.
10. Individual fouls will be kept. A player will foul out of the game on his fifth foul.
11. All shooting fouls will be shot as two free throws. Other fouls will result in the ball being taken out of bounds.
12. There will be no individual scoring kept, only the running team scores. If a team is ahead by 20 points the score will be turned off but the clock will continue to run. The scorekeeper will continue to keep score in the scorer's book.
13. Full court pressing will not be allowed. After a made basket, free throw or rebound, the defensive team must fall back behind the half court line. The defensive team is to allow the ball to cross the line before they engage the offense.
14. Substitutions should go to the scorer's table and enter on dead balls only!
15. Official rules governing traveling and double dribble should be taught and followed during the game. The official will use discretion in making these calls.
16. One official will be hired to officiate each game. The scorekeeper will take care of recording time outs as well as keeping the running score on the scoreboard.
17. Each team member will have a colored, numbered jersey provided by the Oregon Park District.
18. When a player is shooting free throws, the clock will stop while the shooter is attempting the first of two free throws. The clock will continue to run while the shooter is attempting the second free throw.
19. No flagrant remarks by players in defiance of a referee's decision will be tolerated. Excessive bickering at an official by coaches, players or team followers will result in a technical foul. Abuse to referees and scorekeepers will not be tolerated before, during or after a game. For any technical foul an automatic 2 points and possession of the ball will be awarded to the opponents.
20. Overtime: 3 minutes. Clock will stop the last minute of overtime play each time the official's whistle is blown. Each team will be given 1 time out only for overtime play. Possession determined by a jump ball. Games will be limited to two overtimes. The 2nd overtime (if necessary) will be sudden death, with the first team to score as the winner.

Games and Practices

Games will be held at Nash Recreation Center or at Byron PE Center.

Practices will be held at both Nash Recreation Center and Oregon Elementary School. Coaches will provide a practice schedule.